

DISHERS AND THEIR ALLERGEN CONTENT - MARY DALY ASSOCIATES FOOD SAFETY

Sandymount - AUGUST 2020														
Nibbles	Cereals	Crustaceans	Eggs	Fish	Soya	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphur dioxide (wine)	Lupin	Molluscs
Marinated Olives														
Warm Bread	✓ *Contains Wheat													
STARTERS	Cereals	Crustaceans	Eggs	Fish	Soya	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphur dioxide (wine)	Lupin	Molluscs
Vine & cherry tomato bruschetta, sourdough, roast garlic oil, basil	✓ *Contains Wheat													
Heirloom tomato Caprese, buffalo mozzarella, black olives, sourdough	✓ *Contains Wheat					✓								
Minerva' Smoked sardines, Cuinneog butter, lemon, linseed sourdough	✓ *Contains Wheat			✓		✓								
Salumi Misti, freshly sliced Tuscan cured meats, cheese and preserves	✓ *Contains Wheat					✓						✓		
Garlic & 'Nduja prawns, cherry tomatoes, rocket, sourdough	✓ *Contains Wheat	✓		✓					✓			✓		
PASTA	Cereals	Crustaceans	Eggs	Fish	Soya	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphur dioxide (wine)	Lupin	Molluscs
Rotelle pasta, lamb ragu', aged parmigiano	✓ *Contains Wheat		✓ cooked in same water as egg pasta			✓			✓			✓		

PASTA	Cereals	Crustaceans	Eggs	Fish	Soya	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphur dioxide (wine)	Lupin	Molluscs
Gnocchi, 'Nduja Amatriciana', pancetta, red onion, pecorino crema	✓ *Contains Wheat		✓			✓			✓			✓		
Spaghettoni, Black Truffle 'cacio e pepe', porcini panegrattato	✓ *Contains Wheat		✓ cooked in same water as egg pasta			✓			✓			✓		
FRITTI	Cereals (gluten)	Crustaceans	Eggs	Fish	Soya	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphur dioxide	Lupin	Molluscs
Pollo alla Milanese, pecorino, sage, hazelnut, lemon and fennel salad	✓ *Contains Wheat		✓			✓		✓ *Contains Hazelnuts	✓			✓		
Fritto misto, fried Atlantic prawns, calamari & plaice spiced semolina crust, crispy chilli mayo	✓ *Contains Wheat	✓	✓ *Contains Wheat	✓						✓		✓		✓
SIDES	Cereals (gluten)	Crustaceans	Eggs	Fish	Soya	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphur dioxide	Lupin	Molluscs
Hand Cut fries, Black garlic, pecorino						✓								
Fennel & Mint Salad												✓ *In the dressing		
Zucchine Fritti, polenta, truffle	✓ *Contains Wheat		✓											
DESSERTS	Cereals (gluten)	Crustaceans	Eggs	Fish	Soya	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphur dioxide	Lupin	Molluscs
Hazelnut Tiramisu'	✓ *Contains Wheat		✓		✓	✓		✓ *contains hazelnuts						

DESSERTS	Cereals (gluten)	Crustaceans	Eggs	Fish	Soya	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphur dioxide	Lupin	Molluscs
Amalfi lemon tart, raspberry, limoncello cream	✓ *Contains Wheat		✓			✓						✓		
PANINI	Cereals (gluten)	Crustaceans	Eggs	Fish	Soya	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphur dioxide	Lupin	Molluscs
Parma ham, vine tomato, buffalo mozzarella, rocket, sourdough	✓ *Contains Wheat					✓								
Buffalo mozzarella, almond & pecorino pesto, vine tomato	✓ *Contains Wheat					✓		✓ *Contains Almonds						
Crispy fried chicken, pancetta, parmesan, tomato, rocket, garlic mayo	✓ *Contains Wheat		✓			✓				✓		✓		
SALADS	Cereals (gluten)	Crustaceans	Eggs	Fish	Soya	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphur dioxide	Lupin	Molluscs
Fresh pear, goat's cheese, candied walnuts, honey & balsamic dressing, mixed leaves, sourdough	✓ *Contains Wheat					✓		✓ *Contains Walnuts				✓ *In the dressing		
Roast chicken, pancetta, cherry tomatoes, parmesan cheese, balsamic dressing, mixed leaves, sourdough	✓ *Contains Wheat					✓						✓ *In the dressing		
WINES	Cereals (gluten)	Crustaceans	Eggs	Fish	Soya	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphur dioxide	Lupin	Molluscs
All red / white wines												✓		

Review date: 26/08/2020

Reviewed by:

